



Lakshyaa Chaturvedi

Psychologist

- Tel: +91 6375104273
- Email: lakshya.chaturvedi1020@gmail.com
- Loc: E-403, Mewar apartments, Haldighati marg, Pratap Nagar, Jaipur, Rajasthan

Education Background

- Mohan Lal Sukhadia University Udaipur, Rajasthan, India**
Master's in Psychology 2020-2022
- Kanoria P.G. Mahila Mahavidyalay Jaipur, Rajasthan, India**
Bachelor's in Commerce 2017-2020
- Cambridge Court High School (CBSE)**
Commerce 2017

SKILLS

- Child Counseling
- Mental Health Counselling
- Individual Counselling
- Career Counselling
- Online Counselling
- Microsoft Office
- Data Analysis (SPSS)
- Psychological Assessment

CONFERENCES

*Attended the National Online Seminar on **Meeting Challenges of Mental Health and Wellbeing in the Present Scenario** organized by Mohanlal Sukhadia University, Udaipur.*

Professional Skills & Certificates

- Choice Theory and Reality Therapy Training (William Glasser International, USA) - August 2021**
- Cognitive Behaviour Therapy Organised by Dept. of Psychology, MLSU**
- My Captain Psychology Workshop In October 2019 Organised by the Sustainable development solutions Network.**
- Projective Techniques (Rorschach) Organised by Dept. of Psychology, MLSU.**
- PTSD Organised by Dept. of Psychology, MLSU.**
- Helping People With Addiction Organised by Dept. of Psychology, MLSU.**
- Emotional intelligence Organised by NPL Coaching Academy.**
- Therapeutic Intervention for Conduct Disorder Among Adolescents Organised by Dept. of Psychology, MLSU.**