## Yash **Dadhich**

Psychologist.



Age: 23 years old

Education: Master's

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**EDUCATION** 

Mohan lal Sukhadia University Udaipur, Rajasthan, India

Master's in Psychology 2020-2022

Govt. College Bundi, Rajasthan

Bachelor's in Science 2017-2020

NEW NEHRU BAL VIDHYA MANDIR (RBSE)

Science - 2017

WORK SKILLS

- Mental Health Counselling
- **Individual Counselling**
- Career Counselling
- Online Counselling
- Microsoft Office
- Data Analysis
- Office Management

Psychological Assessment CONFERENCES AND WORKSHOPS:-

- Presented a research paper in the 57th National & International Conference of Indian Academy of Applied Psychology (IAAP) on the title Online Education and Covid 19 - A Psycho physiological Study on Adolescent organized by the Department of Psychology, Mizoram University, Mizoram.
- Attended National Online Seminar on Meeting Challenges of Mental Health and Wellbeing in Present Scenario organized by Mohanlal Sukhadia University, Udaipur.

## Certificates

- Choice Theory and Reality Therapy Training (William Glasser International, USA) August 2021
- Cognitive Behaviour Therapy Organized by Dept. of Psychology, MLSU
- Mindfulness Cognitive Therapy Organized by Dept. of Psychology, MLSU.
- Projective Techniques (Rorschach) Organized by Dept. of Psychology, MLSU.
- PTSD Organised by Dept. of Psychology, MLSU.
- Helping People With Addiction Organised by Dept. of Psychology, MLSU.
- Trans-theoretical Model for Behaviour Change Organised by Dept. of Psychology
- Hypnotherapy Level-I Organised by Dept. of Psychology, MLSU
- Therapeutic Intervention for Conduct Disorder Among Adolescents Organised by Dept. of Psychology, 1