

DR. LENI NAGDA

Psychologist

- ✓ Ph.D. in Psychology from MLSU
- ✓ Master in Psychology (Clinical Psychology) from Mohanlal Sukhadia University.
- ✓ Diploma in Guidance & Counselling
- ✓ Therapeutic Movement Trainer
- ✓ Working at Aashadham Ashram as a Counselling Psychologist.
- ✓ Presently working at St. Matthews School and Arts College (MLSU) as faculty of Psychology
- ✓ Worked at Geetanjali Hospital as a HIV counsellor.
- ✓ Attended workshop of “NLP and Movement” by Sudip Mukherjee organized by Creative Movement Therapy Association of India on 20th Aug. 2017 in Delhi.
- ✓ Attended workshop on ‘Therapeutic Dance in Education’ facilitated by Tripura Kashyap, a Movement Therapist, at Narayan Jayan Studio Delhi on 27th and 28th Dec 2017.
- ✓ Attended workshop titled ‘**Introduction to Creative Movement Therapy-For individuals working with Children**’ held between 7th to 12th May 2020.

- ✓ **Major Services-**

Anxiety Counselling

Treatment for any Psychological Problems

Suicide Prevention

Parenting Counselling

Antisocial Behaviour

Counselling for Children and Adults

Obsessive Compulsive Disorder Treatment

Counselling of Patient who is suffering from any Physical Problem

Counselling of Pregnant women

Movement therapy for Pregnant women and for others also