

Resume



- MSc. Clinical Psychology from National Forensic Science University (NFSU), Gandhinagar, Gujarat. (2021- Present)
- BA Psychology from Sophia College for Women, Mumbai. (2018-2021)
- Internship under the KurNiv foundation Mumbai for children
- Internship at Teach for India Program Mumbai
- Internship at MindWorks Bait
- Observership and Internship at King Edward Memorial (KEM) Hospital, Pune
- Completed Training in social research methods in psychology
- Completed course on Psychological First Aid by John Hopkins University, June 2021
- Completed stage one in Dialectical Behavioural Therapy, online.
- Held three sessions for “Mental Health Awareness” with the Special Reserve Police Force (SRPF) Daund, Pune with the KEM Outreach Team.
- Held two sessions for “Awareness on Drug Use and Drug Abuse” in Modern College and S.B.B.S college pune with the KEM outreach team Pune.
- Certifications for various seminars and webinars attended on mental health and wellbeing in adolescents and young adults.
- Won best paper in the International Conference on Cognitive Behavioural Interventions (ICCBI)- virtual; conducted by the Indian Association for Cognitive Behavioural Therapy (IACBT) with the paper titled ‘Cognitive Behavioral Therapy and Yoga- A Holistic Treatment Approach’.
- Authored and co-authored papers on topics relevant to mental health and wellbeing. Presented them in various conferences like; World Mental Health Day Conference- NFSU, E-Shod Conference by the IQAC- Research and Extension committee, Jai Hind Autonomous. ICCBI conference by IACBT etc.