



CONTACT

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@psych_buffs

SPECIALIZATION

- Children & Adolescents
- Behavioral Disorders
- ADHD
- ODD
- Conduct Disorder
- Learning Disability
- Depression
- Addiction
- Active Parenting

SKILLS

- Counselling Skills
- Communication Skills
- Psychological Assessments
- Leadership skills
- Critical Thinking
- Organizational skills

MEMBERSHIP

Member of Society of Young Psychologists

DIVYA SAPRA

COUNSELOR & PSYCHOLOGIST

EXPERIENCE

- Psychology PGT Teacher
Rockwoods High School
April 2023 - Present
- Counselling Psychologist
Rahat Hospital
January 2023 - Present
- Psychologist
Mind Works Bait
January 2022 - Present

INTERNSHIPS

- Internship at MindWorks Bait
- Online Clinical Psychology Internship- Fortis Healthcare
- Online Internship on Introduction to Special Education - Fortis Healthcare

TRAININGS AND COURSES

- Trainings on Rorschach Inkblot Test and Special education
- Successfully completed courses on Psychology, Schizophrenia and Understanding Memory from Yale and Wesleyan universities respectively.
- 15+ certificates for online courses conducted by the Fortis Healthcare and Healthy Minds covering various topics like PTSD, Basic Counselling Skills, Positive Psychology, Fashion Psychology, School Psychology, Depression and Anxiety Disorders

EDUCATION

- Post Graduate Diploma In Guidance and Counseling (PGDCC)
- Masters in Psychology from Mohanlal Sukhadia University, Udaipur
- Bachelors from University of Delhi, DU, Delhi

POSITION OF RESPONSIBILITY

- Vice President of Psycho Study Club - Mohanlal Sukhadia University, 2019-2020

LANGUAGES

- English
- Hindi
- Sindhi
- Spanish (Amateur)