



# Zahbiya Ceyloni

Counseling Psychologist  
(CTRRT-T, CBT, Psy.A)

## Education Background

### MSC. CLINICAL PSYCHOLOGY - (2021-2023)

Grade- **A**

- thesis on impact of obesity in adolescent health.

### B.A PSYCHOLOGY SINGLE MAJOR- (2018-2021)

CGPA- **9.54**

- Graduated with honors, Third ranker

### INDIAN COMMUNITY SCHOOL KUWAIT SENIOR BRANCH (ICSK) - (2004-2018)

- 12th standard- Percentage- **80.02%**
- 10th standard- CGPA- **9.00**

## Certificates and Achievement

- **IACBT (Indian Association for Cognitive Behaviour Therapy):** Won best paper award in the 2021 conference; Titled- 'CBT and Yoga- A Holistic Treatment Approach'.
- **CHOICE THEORY AND REALITY THERAPY:** A reality therapist in progress. Completed level-1
- **DIALECTICAL BEHAVIOURAL THERAPY:** Completed level one.
- **BE AN EFFECTIVE THERAPIST:** Completed training
- **Kurniv Foundation:** awarded best volunteer, 2019
- **KEM Pune:** Completed 11 hours of community service, 2023
- **Indian Community School Kuwait:** awarded best student, 2018

- **Completed Training:** Social Research Methods, 2020
- **Completed Training:** Psychological First Aid, 2020
- **Completed Training:** Counselling Psychologist in KEM, 2023

## Experience (2021 -2022)

### CORE-TEAM MEMBER AND RESEARCHER

MINDWORKSBAIT - Dr. Siddiqa Hussain

- Collaborated with the HOD of (MLSU) along with the Mindworks bait team members and assisted in leading a mental health camp for Medical Students in RNT Medical College Udaipur.

**(Jan 2023 - April 2023)**

### OBSERVER-COUNSELING PSYCHOLOGIST

KING EDWARD MEMORIAL HOSPITAL PUNE

- Worked under the supervision of Dr. Parlikar and his team of Psychiatrists.
- Assisted with tests: MOCHA, ACE, BDI, BAI, TAT, SCT, Rorschach, etc.
- Outreach: SRPF unit in Daund and Nanvij. Awareness for Drug Abuse and Peer Pressure was done with Modern College Pune and S.B.B College Pune.

**(June 2023 - Present)**

### COUNSELING PSYCHOLOGIST

Mind Works Buddy

- Providing online counselling services through MWB.
- Conducting tests, forming reports and filing case histories of my clients.